



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# SOUTHINGTON COMMUNITY YMCA GYMNASIUM SCHEDULE: AS OF 1/28/2025

## MONDAY

	GYM A	GYM B
5-6:30AM	Open Shoot	1/2 Court Games
11:45-3:15PM	Pickleball—Advanced, Intermediate, and Recreational Courts	
3:15-4:30PM	Y AfterCare	Open Shoot
4:30-6PM	Full Court Games	
6-8:45PM	Open Shoot	1/2 Court Games

## TUESDAY

	GYM A	GYM B
5-6:30AM	Open Shoot	1/2 Court Games
10:15-12:45PM	Open Shoot	1/2 Court Games
12:45-3:15PM	Pickleball—Advanced, Intermediate, and Recreational Courts	
3:15-5PM	Y AfterCare	Open Shoot
5-6:30PM	Adult 18+ Full Court Games	
6:30-8:45PM	Open Shoot	1/2 Court Games

## WEDNESDAY

	GYM A	GYM B
5-6:30AM	Open Shoot	1/2 Court Games
11:30-3:15PM	Pickleball—Advanced, Intermediate, and Recreational Courts	
3:15-4:30PM	Y AfterCare	Open Shoot
4:30-5:00PM	Open Shoot	1/2 Court Games
5:00-9PM	Adult Volleyball League	

TIMES ARE SUBJECT TO CHANGE EACH WEEK

\*Please note gym space may be modified based on usage\*

## PICKLEBALL

Pickleball is a team racquet sport that is very popular, especially among seniors. No registration needed. The Y will provide and clean all equipment. You may bring your own if you prefer.

Location: Southington Community YMCA Gymnasium



[SCCYMCA.ORG](http://SCCYMCA.ORG)  
MG REV 11022022

## THURSDAY

	GYM A	GYM B
5-6:30AM	Open Shoot	1/2 Court Games
10:45-1PM	Pickleball—Advanced, Intermediate, and Recreational Courts	
<b>1st Thursday each month reserved for programming</b>		
1-3:15PM	Pickleball All Beginner Courts Beginner Lessons 1-2PM	
3:15-5PM	Y AfterCare	Open Shoot
5-6:30PM	Adult 18+ Full Court Games	
6:30-8:45PM	Open Shoot	1/2 Court Games

## FRIDAY

	GYM A	GYM B
5-6:30AM	Open Shoot	1/2 Court Games
11:45-2PM	Pickleball All Beginner Courts Beginner Lessons 11:45-12:45PM	
2-3:15PM	Pickleball—Advanced, Intermediate, and Recreational Courts	
3:15-4:30PM	Y AfterCare	Open Shoot
4:30-6:30PM	Full Court Games	
6:30-9PM	TwYlight	

## SATURDAY

	GYM A	GYM B
7-8:30AM	Open Shoot	1/2 Court Games
8:30-3PM	Youth Sports	
3-4:45PM	Open Shoot	Open Family Gym

## SUNDAY

	GYM A	GYM B
7-8AM	Open Shoot	1/2 Court Games
8-12PM	Adult 18+ Full Court Games	
12-4:45PM	Open Shoot	Open Family Gym