



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

SOUTHINGTON COMMUNITY YMCA GYMNASIUM SCHEDULE: AS OF 11/6/2023

MONDAY

	GYM A	GYM B
5-6:30AM	Open Shoot	1/2 Court Games
11:45-3:15PM	Pickleball—Advanced, Intermediate, and Recreational Courts	
3:15-4:30PM	Y AfterCare	Open Shoot
4:30-6PM	Full Court Games	
6-8:45PM	Open Shoot	1/2 Court Games

TUESDAY

	GYM A	GYM B
5-6:30AM	Open Shoot	1/2 Court Games
10:15-12:45PM	Open Shoot	1/2 Court Games
12:45-3:15PM	Pickleball—Advanced, Intermediate, and Recreational Courts	
3:15-5PM	Y AfterCare	Open Shoot
5-6:30PM	Adult 18+ Full Court Games	
6:30-8:45PM	Open Shoot	1/2 Court Games

WEDNESDAY

	GYM A	GYM B
5-6:30AM	Open Shoot	1/2 Court Games
11:30-3:15PM	Pickleball—Advanced, Intermediate, and Recreational Courts	
3:15-4:30PM	Y AfterCare	Open Shoot
4:30-6PM	Open Shoot	1/2 Court Games
6-9PM	Men's Basketball League	

TIMES ARE SUBJECT TO CHANGE EACH WEEK

PICKLEBALL

Pickleball is a team racquet sport that is very popular, especially among seniors. No registration needed. The Y will provide and clean all equipment. You may bring your own if you prefer.
Location: Southington Community YMCA Gymnasium



SCCYMCA.ORG
MG REV 11022022

THURSDAY

	GYM A	GYM B
5-6:30AM	Open Shoot	1/2 Court Games
10:45-1PM	Pickleball—Advanced, Intermediate, and Recreational Courts	
1-3:15PM	Pickleball All Beginner Courts 1-2PM Beginner Lessons	
3:15-5PM	Y AfterCare	Open Shoot
5-6:30PM	Adult 18+ Full Court Games	
6:30-8:45PM	Open Shoot	1/2 Court Games

FRIDAY

	GYM A	GYM B
5-6:30AM	Open Shoot	1/2 Court Games
11:45-2PM	Pickleball All Beginner Courts 11:45-12:45PM Beginner Lessons 1-2 Level Up Lessons	
2-3:15PM	Pickleball—Advanced, Intermediate, and Recreational Courts	
3:15-4:30PM	Y AfterCare	Open Shoot
4:30-6PM	Full Court Games	
6-6:30PM	Open Shoot	1/2 Court Games
6:30-9PM	Twilight	

SATURDAY

	GYM A	GYM B
7AM-7:45AM	Open Shoot	1/2 Court Games
7:45-2:45PM	Youth Sports	
2:45-4:45PM	Open Shoot	Open Family Gym

SUNDAY

	GYM A	GYM B
7-8AM	Open Shoot	1/2 Court Games
8-11AM	Adult 18+ Full Court Games	
11-1PM	Open Shoot	Open Family Gym
1-4:45PM	Open Shoot	1/2 Court Games