



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SOUTHINGTON COMMUNITY YMCA GYMNASIUM SCHEDULE: AS OF 9/5/2023

MONDAY

	GYM A	GYM B
5-6:30AM	Open Shoot	1/2 Court Games
11:45-3:15PM	Pickleball	
3:15-4:30PM	Y AfterCare	Open Shoot
4:30-6PM	Full Court Games	
6-8:45PM	Open Shoot	1/2 Court Games

TUESDAY

	GYM A	GYM B
5-6:30AM	Open Shoot	1/2 Court Games
10:15-12:45PM	Open Shoot	1/2 Court Games
12:45-3:15PM	Pickleball Beginner/Non-Competitive Court Open	
3:15-5PM	Y AfterCare	Open Shoot
5-6:30PM	Adult 18+ Full Court Games	
6:30-8:45PM	Open Shoot	1/2 Court Games

WEDNESDAY

	GYM A	GYM B
5-6:30AM	Open Shoot	1/2 Court Games
11:30-3:15PM	Pickleball	
3:15-4:30PM	Y AfterCare	Open Shoot
4:30-6PM	Open Shoot	1/2 Court Games
6-9PM	Men's Basketball League	

TIMES ARE SUBJECT TO CHANGE EACH WEEK

PICKLEBALL

Pickleball is a team racquet sport that is very popular, especially among seniors. No registration needed. The Y will provide and clean all equipment. You may bring your own if you prefer.

*Beginner/Non-competitive court times are available. If not enough players are available, all levels may access the court.

Location: Southington Community YMCA Gymnasium

THURSDAY

	GYM A	GYM B
5-6:30AM	Open Shoot	1/2 Court Games
10:45-3:15PM	Pickleball 1-2PM Beginner Lessons 1-3:15PM Beginner/Non-Competitive Court Open	
3:15-5PM	Y AfterCare	Open Shoot
5-6:30PM	Adult 18+ Full Court Games	
6:30-8:45PM	Open Shoot	1/2 Court Games

FRIDAY

	GYM A	GYM B
5-6:30AM	Open Shoot	1/2 Court Games
11:45-3:15PM	Pickleball 11:45-12:45PM Beginner Lessons 11:45-3:15PM Beginner/Non-Competitive Court Open	
3:15-4:30PM	Y AfterCare	Open Shoot
4:30-6PM	Full Court Games	
6-8:45PM	Open Shoot	1/2 Court Games

SATURDAY

	GYM A	GYM B
7AM-9AM	Open Shoot	1/2 Court Games
9-11AM	Open Shoot	Open Family Gym
11AM-2PM	Open Shoot	1/2 Court Games

SUNDAY

	GYM A	GYM B
7-8AM	Open Shoot	1/2 Court Games
8-11AM	Adult 18+ Full Court Games	
11-1PM	Open Shoot	Open Family Gym
1-2PM	Open Shoot	1/2 Court Games



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