



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



SUMMER FUN FOR EVERYONE!

SOUTHINGTON-CHESHIRE COMMUNITY YMCAs
SUMMER 2023 AQUATIC PROGRAMS

Registration Begins: Family Members - Wednesday, June 7
Full Members - Friday, June 9
Non-Members - Wednesday, June 14

Session Dates: Monday, June 26-Friday, August 4
No Swim Lessons on July 3 & 4

**ONLINE
REGISTRATION:
BEGINS AT 6AM**

**IN-PERSON/PHONE
REGISTRATION:
BEGINS AT 8AM**



SUMMER AQUATICS PROGRAMS

REGISTRATION INFORMATION

Registration Start Dates

Member Type	START DATE	ONLINE REG OPENS	IN-PERSON REG OPENS
FAMILY MEMBER	6/7	6AM	8AM
FULL MEMBER	6/9	6AM	8AM
NON-MEMBER	6/14	6AM	8AM

Important Information

Swim lessons are always very popular, and always have a wait list. Please keep these notes in mind throughout the registration process:

1. Please only sign your child up for ONE swim lesson per session.
2. If you're unable to sign up for a swim lesson when registration opens, PLEASE sign your child up to be on a wait list. Barb & Suzy do an great job placing kids from wait lists into classes, but they can't place your child if they are not on a wait list.
3. Please only sign up for ONE waitlist. When your child appears on multiple waitlists, it can become much harder for Barb & Suzy to place them correctly.
4. Please be patient and flexible through this process. Teaching your child to swim is one of the most important things we do at the Y, and we will do everything we can to get them into a lesson as soon as possible.
5. Refund Policy - A refund will be given if the YMCA cancels a class before it begins. In the case of any medical restriction, a doctor's note is needed and a credit for the full amount of the unused program will be given to the participant.
6. We strive to make sure that you are satisfied with all YMCA programs. Please contact Barbara Glaude, Aquatics Director, if your class is not meeting your expectations.
7. A processing fee of \$10.00 per class will be charged for all program changes made by program participants.

SUMMER AQUATICS PROGRAMS

Swim Lesson Schedule

CLASSES THAT RUN 2X PER WEEK ON MON & WED

SWIM LEVEL	AGES	PRICE	MON
Private Lessons 7 Lessons, 6/26-7/19	5+	\$250 Members/Non-Members N/A	8-8:30AM 8:35-9:05AM
School Age Swim Lessons 6 Lessons, 7/17-8/2	5-12	\$90 Members/\$168 Non-Members	4:50-5:20PM
Special Needs Buddy Swim 6 Lessons, 7/17-8/2	3-12	\$90 Members/\$168 Non-Members	4:15-4:45PM

SUMMER AQUATICS PROGRAMS

Swim Lesson Schedule

MONDAY: 6/26-7/31 NO CLASS: 7/3 5 Weeks Total

SWIM LEVEL	AGES	PRICE	MON
Parent/Child Swim Starter	6 mos-3 years	\$65 Members/\$143 Non-Members	5:25-5:55PM 6:00-6:30PM
Preschool Swim Lessons	3-5	\$75 Members/\$153 Non-Members	3:35-4:05PM 5:25-5:55PM 6:00-6:30PM
School Age Swim Lessons	5-12	\$75 Members/\$153 Non-Members	5:25-5:55PM 6:00-6:30PM
Private Swim Lessons	5+	\$180 Members/Non-Members N/A	3-3:30PM

TUESDAY: 6/27-8/1 NO CLASS: 7/4 5 Weeks Total

SWIM LEVEL	AGES	PRICE	TUE
Parent/Child Swim Starter	6 mos-3 years	\$65 Members/\$143 Non-Members	10:30-11AM
Preschool Swim Lessons	3-5	\$75 Members/\$153 Non-Members	10:30-11AM 11:05-11:35AM 4:05-4:35PM 4:40-5:10PM
School Age Swim Lessons	5-12	\$75 Members/\$153 Non-Members	4:05-4:35PM 4:40-5:10PM
Private Swim Lessons	5+	\$180 Members/Non-Members N/A	11:40AM-12:10PM 3:30-4PM
Special Needs Buddy Swim	3-12	\$75 Members/\$153 Non-Members	11-11:30AM 3-3:30PM

WEDNESDAY: 6/28-8/2 6 Weeks Total

SWIM LEVEL	AGES	PRICE	WED
Aqua Fit For Kids	7-13	\$96 Members/\$174 Non-Members	3-3:45PM
Private Swim Lessons	5+	\$216 Members/Non-Members N/A	3:45-4:15PM

THURSDAY: 6/29-8/3 6 Weeks Total

SWIM LEVEL	AGES	PRICE	THU
Parent/Child Swim Starter	6 mos-3 years	\$78 Members/\$156 Non-Members	10-10:30AM
Preschool Swim Lessons	3-5	\$90 Members/\$168 Non-Members	10-10:30AM 10:40-11:10AM 3:30-4PM 4:05-4:35PM 4:40-5:10PM
School Age Swim Lessons	5-12	\$90 Members/\$168 Non-Members	4:05-4:35PM 4:40-5:10PM
Teen/Adult	13+	\$90 Members/\$168 Non-Members	10:30-11AM

SUMMER AQUATICS PROGRAMS

Swim Lessons & Aquatic Fitness Classes

FRIDAY: 6/30-8/4

6 Weeks Total

SWIM LEVEL	AGES	PRICE	FRI
Parent/Child Swim Starter	6 mos -3 years	\$78 Members/\$156 Non-Members	9-9:30AM
Preschool Swim Lessons	3-5	\$90 Members/\$168 Non-Members	8:25-8:55AM
Private Swim Lessons	5+	\$216 Members/Non-Members N/A	10:10-10:40AM 3-3:30PM 3:40-4:10PM
Teen/Adult	13+	\$90 Members/\$168 Non-Members	9:30-10:00AM

SATURDAY: 7/1-7/29

5 Weeks Total

SWIM LEVEL	AGES	PRICE	MON
Parent/Child Swim Starter	6 mos -3 years	\$65 Members/\$143 Non-Members	8-8:30AM 8:40-9:10AM 9:20-9:50AM 10-10:30AM 11:25-11:55AM
Preschool Swim Lessons	3-5	\$75 Members/\$153 Non-Members	7:25-7:55AM 8-8:30AM 8:40-9:10AM 9:20-9:50AM 10-10:30AM 11:25-11:55AM
School Age Swim Lessons	5-12	\$75 Members/\$153 Non-Members	8-8:30AM 8:40-9:10AM 9:20-9:50AM 10-10:30AM 10:35-11:05AM 11:25-11:55AM
Private Swim Lessons	5+	\$180 Members/Non-Members N/A	8-8:30AM 8:40-9:10AM 9:20-9:50AM 10-10:30AM 10:35-11:05AM 11:25-11:55AM
Teen/Adult	13+	\$75 Members/\$153 Non-Members	7:25-7:55AM
Special Needs Buddy Swim	3-12	\$75 Members/\$153 Non-Members	10:35-11:05AM 11:25-11:55AM
Aqua Fit For Kids	7-13	\$80 Members/\$158 Non-Members	10:35-11:20AM

SUMMER AQUATICS PROGRAMS

Aquatic Fitness Schedule

ADULT CLASSES	AGES	PRICE	MON	TUES	WED	THUR	SAT
Aquatic Fitness	18+	FREE Members Reg not required	9:10-9:55AM 10:15-11AM	8:15-9:00AM	9:10-9:55AM 10:15-11AM	8:15-9:00AM	

Program Descriptions

GROUP SWIM LESSONS

PARENT/CHILD SWIM LESSONS

This class is for children 6 months to 3 years old. Parent participation in the water is required. Children with special needs are welcome.

PRESCHOOL SWIM LESSONS

This program offers children their first experience in the pool without parental assistance. Children learn skills that are the basic building blocks of swimming. Classes are taught within the guidelines set up by the YMCA of the USA. Program elements include personal safety, personal growth, stroke development, water sports and games, and rescue. There are no makeups for missed classes.

SCHOOL AGE SWIM LESSONS

Our goal is to develop competent and confident swimmers. Children are introduced to the water through a graduated series of lessons developed & standardized by the YMCA of the USA. The program is divided into swimmers' ability and children move through levels at their own pace as their abilities and skills grow. There are no makeups for missed classes.

SPECIAL NEEDS BUDDY SWIM

This class is specifically designed for special needs children who require more individualized attention. Children with autism and ADD are strongly recommended to join. Class ratios will be much smaller than traditional classes. There are no makeups for missed classes.

YOUTH & ADULT CLASSES

AQUA FIT FOR KIDS (Ages 7-13)

This program is designed to teach children about aquatic fitness through lap swimming. This is not a replacement for swim lessons and participants should be able to swim the length of the pool comfortably.

AQUATIC FITNESS: SHALLOW & DEEP (Ages 18+)

Develops flexibility, strength, and range of motion in individuals with limited ability. Participants can work at their own pace.

PRIVATE SWIM LESSONS

PRIVATE & PRIVATE/FAMILY SWIM LESSONS

Perfect for those looking for private instruction. If you are looking for Family Lessons, please only register one child and contact Barbara Glaude at 860-426-9553 or bglaude@sccymca.org with details for your family and/or any questions.

CONTACT INFO

BARBARA GLAUDE, AQUATICS DIRECTOR

Email - bglaude@sccymca.org

Phone: 860.426.9553

SUZY CLEMENTE, ASSISTANT AQUATICS DIRECTOR

Email - sclemente@sccymca.org

Phone: 860.426.9553