



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## SOUTHINGTON COMMUNITY YMCA GYMNASIUM SCHEDULE: AS OF 1/2/2023

### MONDAY

5-6:30AM Basketball  
11:45-3:15PM Pickleball  
3:15-4:30PM Basketball 1/2 Court  
4:30-8:45PM Basketball

### TUESDAY

5-6:30AM Basketball  
10:15-12:45PM Basketball  
12:45-3:15PM Pickleball (Beginner/  
Non-Competitive Court Open)  
3:15-5PM Basketball 1/2 Court  
5-6:30PM Adult Basketball 18+  
6:30-8:45PM Basketball (Starts 10/4)

### WEDNESDAY

5-6:30AM Basketball  
12:45-3:15PM Pickleball  
3:15-4:30PM Basketball 1/2 Court  
4:30-5:30PM Basketball  
5:30-9PM Volleyball League

### THURSDAY

5-6:30AM Basketball  
10:45-3:15PM Pickleball \*\*(Beginner Court  
Available 1-3:15PM)  
1-2PM Pickleball Beginner Lessons  
4:30-5PM Basketball 1/2 Court  
5-6:30PM Adult Basketball 18+  
6:30-8:45PM Basketball

### FRIDAY

5-6:30AM Basketball  
11:45-3:15PM Pickleball (Beginner/  
Non-Competitive Court Open)  
3:15-4:30PM Basketball 1/2 Court  
4:30-7PM Basketball

### SATURDAY

2:30-5PM Basketball

### SUNDAY

7-4:45PM Basketball

**TIMES ARE SUBJECT TO  
CHANGE EACH WEEK**

#### PROGRAM DETAILS

- No registration needed for Pickleball or Basketball.
- The Y will provide and clean all equipment. You may bring your own if you prefer.

### RACQUETBALL

Racquetball is back! All players must reserve their spot in advance at the Southington Fitness Desk. You may use our racquets, balls and goggles or bring your own. Some times are reserved for Wallyball and other YMCA programs.

Location: Southington Community YMCA Racquetball Courts

### PICKLEBALL

Pickleball is a team racquet sport that is very popular, especially among seniors.

\*Beginner/Non-competitive court times are available. If not enough players are available, all levels may access the court.



**SCCYMCA.ORG**

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